

## **Readings for the contemplative path:**

**From program bibliographies, this is a sample of recommended reading, a mixture of classics and contemporary works in support of personal spiritual deepening and the ministry of spiritual guidance.**

Edwards, Tilden. LIVING SIMPLY THROUGH THE DAY. New York: Paulist Press, 1997.

\_\_\_\_\_. LIVING IN THE PRESENCE: DISCIPLINES FOR THE SPIRITUAL HEART. San Francisco: Harper, 1987.

Hall, Thelma. TOO DEEP FOR WORDS: REDISCOVERING LECTIO DIVINA. Paulist Press, 1988.

Guenther, Margaret. THE PRACTISE OF PRAYER. Toronto, Canada: Anglican Book Center, 1998.

Laird, Martin. INTO THE SILENT LAND: A GUIDE TO THE CHRISTIAN PRACTICE OF CONTEMPLATION. New York: Oxford University Press, 2006.

Benner, David. SOULFUL SPIRITUALITY: BECOMING FULLY ALIVE AND DEEPLY HUMAN. Brazos Press, 2011.

Benner, David. SPIRITUAL AND THE AWAKENING SELF: THE SACRED JOURNEY OF TRANSFORMATION. Brazos Press, 2012.

Galloway, Kathy (ED.). DREAMING OF EDEN: REFLECTIONS ON CHRISTIANITY AND SEXUALITY. Wild Goose Publications, 2004.

Gorsuch, John. AN INVITATION TO THE SPIRITUAL JOURNEY. New York: Paulist, 1990.

Hillesum, Etty. AN INTERRUPTED LIFE. Toronto: Penquin, 1985.

Palmer, Parker. THE ACTIVE LIFE A Spirituality of Work, Creativity, and Caring. Jossey-Bass, 1990.

Rohr, Richard. FALLING UPWARD: A SPIRITUALITY FOR THE TWO HALVES OF LIFE Life. Jossey-Bass, 2011.

Barry, William. PAYING ATTENTION TO GOD: DISCERNMENT IN PRAYER. Notre Dame: Ave Maria, 1990.

Barton, Ruth Haley. PURSUING GOD'S WILL TOGETHER: A DISCERNMENT PRACTICE FOR LEADERSHIP GROUPS. IVP Books, 2012.

Bieber, Nancy L. DECISION-MAKING & SPIRITUAL DISCERNMENT: THE SACRED ART OF FINDING YOUR WAY.

Dougherty, Rosemary. DISCERNMENT (A Path To Spiritual Awakening). Paulist Press, 2009.

Farrington, Debra K. HEARING WITH THE HEART: A GENTLE GUIDE FOR DISCERNING GOD'S WILL FOR YOUR LIFE. Jossey-Bass, 2002.

Gallagher, Timothy M. THE DISCERNMENT OF SPIRITS: AN IGNATIAN GUIDE FOR EVERYDAY LIVING. The Crossroad Publishing Company, 2005.

Lindbloom, Lois. IS THAT YOU GOD? DISCERNMENT AS A WAY OF LIFE. (Shalem publication)

Linn, Dennis; Sheila Fabricant; Matthew. SLEEPING WITH BREAD. Paulist Press, 1995.

Muller, Wayne. A LIFE OF BEING, HAVING AND DOING ENOUGH. Three Rivers Press, 2010.

Millis, Diane M. CONVERSATION – THE SACRED ART: PRACTICING PRESENCE IN AN AGE OF DISTRACTION. SkyLight Paths Publishing, 2013.

Nouwen, Henri JM (Rebecca Laird and Michael Christensen Eds.) SPIRITUAL DIRECTION WISDOM FOR THE LONG WALK OF FAITH. Harperone, 2006.

Owens, Roger L. ABBA GIVE ME A WORD: THE PATH OF SPIRITUAL DIRECTION. Paraclete Press, 2012.

Bourgeault, Cynthia. CENTERING PRAYER AND INNER AWAKENING. Cowley Publications. 2004.

Cannato, Judy. RADICAL AMAZEMENT: CONTEMPLATIVE LESSONS FROM BLACK HOLES, SUPERNOVAS, AND OTHER WONDERS OF THE UNIVERSE. Notre Dame, IN., Sorin Books, 2006.

Edwards, Tilden. EMBRACING THE CALL TO SPIRITUAL DEPTH: GIFTS FOR CONTEMPLATIVE LIVING. Paulist Press, 2010.

Finley, James. THE CONTEMPLATIVE HEART. Sorin Books, 2000

Hahn, Thich Nhat. PEACE IS IN EVERY STEP: THE PATH OF MINDFULNESS IN EVERYDAY LIFE. New York, Bantam, 1992.

Brown, Brene. DARING GREATLY: How the Courage to be Vulnerable Transforms the Way we Live, Love, Parent and Lead. Gotham, 2012.

Chittister, Joan. SCARRED BY STRUGGLE, TRANSFORMED BY HOPE. Erdmans/Novalis.2003.

May, Gerald. ADDICTION AND GRACE. HarperCollins Publishers Ltd; New Ed. 2007.

\_\_\_\_\_. THE AWAKENED HEART. Harper Collins, 1991

Newell, John Philip. A NEW HARMONY: The Spirit, the Earth, and the Human Soul. Jossey-Bass, 2011.

Au, Wilkie and Au, Noreen Cannon. THE DISCERNING HEART: EXPLORING THE CHRISTIAN PATH. Paulist Press, 2006.

Bieber, Nancy L. DECISION MAKING & SPIRITUAL DISCERNMENT: THE SACRED ART OF FINDING YOUR WAY (Art of Spiritual Living) SkyLight Paths Publishing; 1 edition (Nov. 18 2010).

Borysenko, Joan Z. and Dveirin, Gordon. YOUR SOUL'S COMPASS. Hay House 2007.

Conroy, Maureen, THE DISCERNING HEART: DISCERNING A PERSONAL GOD. Chicago: Loyola University Press, 1993.

Dillard, Annie. PILGRIM AT TINKER CREEK. Harper Perennial Modern Classics, 1998.

Funk, Mary Margaret. DISCERNMENT MATTERS: LISTENING WITH THE EAR OF THE HEART. Liturgical Press. (Feb. 21 2013).

Liebert, Elizabeth. THE WAY OF DISCERNMENT: SPIRITUAL PRACTICES FOR DECISION MAKING. Westminster John Knox Press (Nov. 5 2010).

Dougherty, Rose Mary. GROUP SPIRITUAL DIRECTION. New York: Paulist Press, 1995.

Edwards, Tilden. SPIRITUAL DIRECTOR, SPIRITUAL COMPANION: GUIDE TO TENDING THE SOUL. Paulist Press.

Gratton, Carolyn. THE ART OF SPIRITUAL GUIDANCE. New York Crossroad, 1992.

Hart, Thomas. THE ART OF CHRISTIAN LISTENING. Paulist Press, 2002.

May, Gerald. CARE OF MIND, CARE OF SPIRIT. San Francisco: Harper & Row, 1982.

Palmer, Parker. A HIDDEN WHOLENESS: The Journey Toward an Undivided Life, Jossey-Bass, 2004.

Ruffing, Janet. SPIRITUAL DIRECTION: BEYOND THE BEGINNINGS. New York: Paulist, 1988.

Shutte, Dan. WALKING THE SACRED PATH: Spiritual Exercises for Today. Twenty Third Publications, 2009.